Seton LaSalle

Coach: John Lawrence (10th season at Seton LaSalle, 38th overall)

Returning Starters

6-5 senior outside hitter Nick Sikorski

6-0 sophomore setter/outside hitter Declan Sipe

6-4 sophomore setter/outside hitter Keenu Brooks

5-11 sophomore defensive specialist Sawyer Sisk

6-0 junior outside hitter Regis Manion

Season Outlook:

We are excited about our team's prospects for the 2024 season. We were able to conduct close to 60 Open Gyms starting in late July and have a roster of 21 players this season. We also have 7 crossovers from our Basketball team that are learning quickly and will be factors in our success as the season progresses. Overall, we are tall again with 8 players at 6' or taller. We also have several strong Freshmen who will develop into mainstays of our team.

Section Favorite: Seton LaSalle

WPIAL Favorite:

I think there are five teams in the mix at the beginning, North Catholic, Mars, Latrobe, Amiddle hitterridge and Seton LaSalle

WPIAL Players to Watch:

Declan Sipe, Seton LaSalle; Keenu Brooks, Seton LaSalle; Nick Sikorski, Seton LaSalle; Luke Vittorino, OLSH, Mark Swartz, South Fayette; Braeden Artman, Thomas Jefferson; Paul Thompson, Hopewell.

South Fayette

Coach: Ron Kelly (5th year at South Fayette)

Returning Starters:

5-9 junior outside hitter Travis Potteiger

5-9 junior setter Stefano Vezio

6-0 senior libero Tyler Nicholson

Season Outlook:

I think we will have a solid team. We lost a lot of starters but have a good nucleus and think we will improve all season long. Lot of players played club volleyball and are putting it all together on the court. Think we will make that happen.

Section Favorite:

I think Thomas Jefferson, Seton LaSalle will be solid teams. South Park is an up-and-coming team. I think we will push to compete for the section title.

WPIAL Favorite:

I think Mars and North Catholic are the top 2 but a lot of teams can be there in the end.

WPIAL Players to Watch:

Ryan Ceh, Mars; Lucas Gunther, North Catholic; Will Stewart, Thomas Jefferson; Travis Potteiger, South Fayette.

Thomas Jefferson

Coach: Frank Staffen (24 years)

Returning Starters:

5-6 junior libero Jaiden Wadlow

6-0 junior opposite Aidan MacNeil

6-1 junior middle/outside hitter Aiden Dushack

5-10 junior defensive specialist Troy Brown

6-0 senior outside hitter Riley Burdett

6-7 senior outside hitter William Stewart

6-3 junior middle hitter Braeden Artman

6-1 senior setter Aaron DeNardo

5-7 junior setter Sujan Pradhan

Season Outlook:

We have everyone returning from last year. All of them played for different JO Clubs over the summer and winter. We also have some new additions as well to the team this year - 6-4 freshman setter Brayden Concannon. We are looking forward to an outstanding season. This may be one of the most talented teams that I have coached over my career of coaching.

Section Favorite:

There are a lot of talented teams this year in our section. I really think we have the talent this year to make a run for Section Champs. Trinity has a good team with a lot of returning players. South Fayette is another good team that can be tough this year. John of Seton LaSalle always has a lot of his club players playing for him making them a good team as well. South Park also will be a force and a couple of his players that play club as well. Steel Valley has a lot of returning players and will be a much better team to watch and may surprise some teams.

WPIAL Favorite:

There are a lot of teams that can win it. North Catholic, Mars, Montour, Ambridge are always teams to watch.

WPIAL Players to Watch:

William Stewart, Jaiden Wadlow, Riley Burnett.

Trinity

Coach: Larry Myers (18th year)

Returning Starters:

6-1 setter Josh Lent

6-1 outside hitter Tucker Proudfit

6-1 outside hitter Sam Pearson

6-3 middle hitter Peyton Miller

5-8 libero Matteo Lesako

Season Outlook:

We have some experience from last year and have hopefully learned from a tough 2023 season. If we have, we should be in the playoff mix again this year.

Section Favorite: A battle between Seton LaSalle and Thomas Jefferson.

WPIAL Favorite: North Catholic.

South Park

Coach: John Pastorius (3rd Year for this incarnation of the program. 2nd year in WPIAL)

Returning Starters:

5-10 senior setter Drake Barbara

6-0 junior outside/middle hitter Jace Tomasek

5-9 junior outside/middle hitter Noah Haddad

5-8 sophomore libero Mason Shrubb

Season Outlook:

We made the playoffs last year after tying for 4th place in our section. We should be stronger this year and hope to return to the playoffs. It would be great to climb up and finish higher this year than last.

Section Favorite:

I'm not exactly sure. South Fayette won last year, but Seton-LaSalle and Thomas Jefferson were also very good.